



Blackwater Integrated College Cash Cafe Lunch Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Coffee or Tea Cheese Soda Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza Soup Toast, Plain Scone	Coffee or Tea Toasted Bagel Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza Cheese Soda, Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza Soup Toast, Plain Scone
Soup	Soup of the Day Crusty Roll	Soup of the Day Wheaten Bread	Soup of the Day Crusty Roll	Soup of the Day Wheaten Bread	Soup of the Day Crusty Roll
Main Course	Stew Breaded Whiting	Homemade Cottage Pie Vegetarian Pasta Bake	Freshly Baked Lasagne Vegetarian Pasta Bake	Chicken Crumble Pesto Pasta Bake	Fresh Chicken Goujons /dips Fresh Breaded Salmon & Lemon with Tartar Sauce
Theme Dishes	Chicken Curry with Boiled Rice	Chicken Curry with Boiled Rice	Chicken Curry with Boiled Rice	Pasta Bolognese	Chicken Curry with Boiled Rice
Snacks	Homemade Pizza	Steak Burger & Bap Ciabatta Chicken Melt	Hot Dog Chicken Panini	Homemade Chicken Fillet Burger Homemade Pizza	Chicken & Cheese Panini
Vegetables & Potato	Sweetcorn Side Salad Selection Baked Beans Chips Mashed potatoes	Fresh Baton Carrots Side Salad Selection Mashed Potatoes Baby Boil Potatoes	Baked Beans Side Salad Selection Mashed Potatoes Baked Potatoes	Fresh Diced Carrots Side Salad Selection Mashed Potatoes Oven Roast Potatoes	Fresh Carrots Side Salad Selection Baked beans Chips Baked Potatoes
Desserts	Selection of Yoghurts Fresh Fruit salad Pots Grapes Sponge/custard	Selection of Yoghurts Fresh Fruit salad Pots Melon Boat, Grapes Homemade Cookies	Selection of Yoghurts Fresh Fruit salad Pots Melon Boat, Grapes Homemade Flakemeal Biscuits	Selection of Yoghurts Fresh Fruit salad Pots Grapes Date Fudge Krispie Square	Selection of Yoghurts Fresh Fruit salad Pots Grapes Homemade Flakemeal Biscuits Ice-Cream Tub, Jelly
	BAGUETTES & SANDWICHES AVAILABLE TO ORDER DAILY				



Blackwater Integrated College Cash Cafe Lunch Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Coffee or Tea Cheese Soda Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza Soup Toast, Plain Scone	Coffee or Tea Toasted Bagel Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza/soda Cheese Soda, Soup Toast, Plain Scone	Coffee or Tea Cheese Pizza Soup Toast, Plain Scone
Soup	Soup of the Day Crusty Roll	Soup of the Day Wheaten Bread	Soup of the Day Crusty Roll	Soup of the Day Wheaten Bread	Soup of the Day Crusty Roll
Main Course	Stew Breaded whiting	Homemade Cottage Pie vegetarian Pasta Bake	Freshly Baked Lasagne Vegetarian pasta bake	Chicken Crumble Pesto Pasta	Fresh Chicken Goujons with Selection of Dips Fresh Breaded Salmon & Lemon with Tartar Sauce
Theme Dishes	Chicken Curry with Boiled Rice	Chicken Curry with Boiled Rice	Chilli chicken with Boiled Rice	Pasta Bolognaise	Chicken Curry with Boiled Rice
Snacks	Homemade Pizza	Steak Burger & Bap Ciabatta Chicken Melt	Hot Dog Chicken Panini	BBQ pulled pork Burger Homemade Pizza	Chicken & cheese Panini Mini Chicken Chilli wraps
Vegetables & Potato	Sweetcorn Side Salad Selection Baked Beans Chips Mashed potatoes	Fresh Baton Carrots Side Salad Selection Mashed Potatoes Baby Boil Potatoes	Baked Beans Side Salad Selection Mashed Potatoes Baked Potatoes	Fresh Diced Carrots Side Salad Selection Mashed Potatoes Oven Roast Potatoes	Fresh Carrots Side Salad Selection Baked Beans Chips Baked Potato
Desserts	Selection of Yoghurts Fresh Fruit salad Pots Grapes Sponge/custard	Selection of Yoghurts Fresh Fruit salad Pots Melon Boat, Grapes Homemade Cookies	Selection of Yoghurts Fresh Fruit salad Pots Melon Boat, Grapes Homemade Flakemeal Biscuits	Selection of Yoghurts Fresh Fruit salad Pots Grapes Date Fudge Krispie Square	Selection of Yoghurts Fresh Fruit salad Pots Grapes Homemade Flakemeal Biscuits Ice-Cream Tub, Jelly
	BAGUETTES & SANDWICHES AVAILABLE TO ORDER DAILY				