

Building · Inspiring · Caring

CIRCULAR 2022/23 TL018

To: Parents/Guardians of all enrolled students

Cc: Bursar

October 2022

Drinking Water

We have installed fresh water around the school for staff and students over the last 18 months with cups provided. As children spend the majority of their day at school, it is very important that students have access to fresh drinking water.

Various studies have shown that schools that lead by example and encourage their children to keep hydrated show a marked improvement in overall attention given as well as learning capabilities. This is something as a College we very much advocate rather than energy drinks and drinks with a very high sugar content.

We will continue to provide water in school for students but would ask that going forward students use their own re-usable water bottles to avoid unnecessary cost and wastage of plastic cups around the College. We would recommend smaller water bottles up to 300ml if possible rather than filling a 500ml bottle and water going to waste if not drunk. These can then be refilled if necessary as the day goes on and the water will remain cool in the cooler.

Once our current supply of cups runs out in the coming days we will not be replacing these and would ask all students, if they wish to avail of the free water, to please bring their own water bottle into school each day.

Stephen Taylor Principal